

Affordable, Easy-to-Use Dental Coverage

Under your plan, you have coverage for **hundreds** of dental procedures. This overview shows you a small **sampling** of covered services and what you will pay compared to your **cost without coverage**. See savings below!

Review your plan materials to understand how your plan works. For questions on the plan before enrollment, or to ask for a full list of covered services and exclusions and limitations, call **1.800.Cigna24 (1.800.244.6224)** and select the “Enrollment Information” prompt.

Regular dental visits may do more than brighten your smile. Receiving regular dental care often catches minor problems before they become major and more expensive to treat.

And there’s a link between gum disease and other conditions, such as pre-term birth, heart disease, stroke, diabetes and other health issues. So taking good care of your teeth and gums may help you live a healthier life.

Get the most value from your plan

Take advantage of your plan’s preventive care services – most are covered at low cost or no cost to you. Your plan also covers many other dental services that can help you achieve and maintain a healthy mouth.

Sampling of Procedures	What You’ll Pay ²	
	Cost With Cigna Dental Care	Estimated Cost Without Dental Coverage
Adult cleaning (Two per calendar year each at \$0. Additional two cleanings available at \$55 each)	\$0	\$66-\$125 each
Child cleaning (Two per calendar year each at \$0. Additional two cleanings available at \$45 each)	\$0	\$49-\$93 each
Periodic oral evaluation	\$0	\$94-\$178
Comprehensive oral evaluation	\$0	\$37-\$69
Topical fluoride	\$0	\$57-\$108
X-rays - (bitewings) 2 films	\$0	\$26-\$49
X-rays - panoramic film	\$0	\$30-\$58
Sealant - per tooth	\$12	\$39-\$74
Amalgam filling (silver colored) - 2 surfaces	\$0	\$110-\$208
Composite filling (tooth-colored) - 1 surface	\$0	\$111-\$211
Molar root canal (excluding final restoration)	\$305	\$800-\$1,514
Comprehensive orthodontics - child (up to 19th birthday) banding	\$485	\$991-\$1,874
Periodontal (gum) scaling & root planing - 1 quadrant	\$50	\$167-\$316
Periodontal (gum) maintenance	\$40	\$102-\$193
Removal/extraction of erupted tooth	\$6	\$112-\$211
Removal/extraction of impacted tooth	\$110	\$349-\$660
Crown – porcelain fused to high noble metal	\$270	\$797-\$1,509
Implant crown – porcelain fused to high noble metal crown	\$760	\$1,025-\$1,939

¹ DHMO is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to prepaid plans, managed care plans, and plans with open access features.

² Costs listed for the Cigna Dental Care plan do not vary. Estimated costs without dental coverage may vary based on location and dentists' actual charges. These estimated costs are based on charges submitted to Cigna in 2010 and are intended to reflect national average charges as of January 2013 assuming an annual cost increase of three percent. Estimates have been adjusted to reflect the 2010 Cigna DHMO geographical membership distribution.

know what's important to you

Key Plan Features

- There is a \$5 office visit fee associated with your plan.
- No deductibles – you don't have to reach a certain level of out-of-pocket expenses before your insurance kicks in.
- No dollar maximums – you don't have to worry about your coverage running out after your covered expenses reach a certain dollar amount.
- Easy to understand plan – the fees you pay your dentist are clearly listed on your Patient Charge Schedule (PCS).
- There are no claim forms to file and no waiting periods for coverage.
- The network general dentist you choose will manage your overall dental care.
- Covered family members can choose their own network general dentists – near home, work or school.
- You don't need a referral for children under seven to visit a network pediatric dentist. And you don't need a referral to see a network orthodontist.
- There's no age limit on sealants, which help prevent tooth decay.
- Your plan covers procedures to detect oral cancer in its early stages.
- 24/7 access to the Dental Information Line – this line will be staffed by trained health care professionals who can answer questions about dental treatment and clinical symptoms.

Finding a network dentist is easy.

There are several ways to choose your network general dentist:

- Find a dentist at Cigna.com. Our online dental directory is updated weekly.
- Call **1.800.Cigna24** (1.800.244.6224) to speak to a Customer Service representative. Our representatives can send you a customized dental directory listing via email.

make sure you read this important information

What's covered

You can save money on a wide range of services, including:

- **Preventive care** – cleanings, fluoride, sealants, bitewing X-rays, full mouth X-rays, and more
- **Basic care** – tooth-colored fillings (called resin or composite) and silver-colored fillings (called amalgam)
- **Major services** – crowns, bridges, and dentures (including those placed over implants), root canals, oral surgery, extractions, treatment for periodontal (gum) disease, and more.
- **Specialty care** – at the same fee as general care, with an approved referral
- **Orthodontic care** – braces for children and adults
- **General anesthesia** – when medically necessary
- **Teeth whitening** – using take home bleaching trays and gel

Age and frequency limitations may apply to some covered services. Review the rest of your enrollment materials for more details

What's not covered*

Your dental plan covers services that can help you maintain a healthy mouth and treat or manage dental conditions. But no plan covers everything. Here are some examples of services not covered:

- Services provided by a non-network dentist without prior approval from Cigna Dental (except emergencies)³
- Replacement of fixed or removable bridges, dentures and orthodontic retainers that are lost, stolen, or damaged due to patient abuse, misuse or neglect
- Cosmetic dentistry unless specifically listed on your PCS
- Dental implant surgery or services associated with placement, repair removal, or restoration of a dental implant

*This is not a complete list. For a complete list of services not covered, refer to the rest of your enrollment materials or call **1.800.Cigna24** (1.800.244.6224) if you have questions or need more information.

³ Minnesota and Oklahoma residents: See the enclosed brochure for information on your out of network coverage.



The term "DHMO" is used to refer to product designs that may differ by state of residence of enrollee, including but not limited to, prepaid plans, managed care plans, and plans with open access features.

"Cigna" is a registered service mark and the "Tree of Life" logo, "GO YOU" and "Cigna Dental" are service marks, of Cigna Intellectual Property, Inc., licensed for use by Cigna Corporation and its operating subsidiaries. All products and services are provided by or through such operating subsidiaries and not by Cigna Corporation. Such operating subsidiaries include Connecticut General Life Insurance Company ("CGLIC"), Cigna Health and Life Insurance Company ("CHLIC"), Cigna HealthCare of Connecticut, Inc., and Cigna Dental Health, Inc. ("CDHI") and its subsidiaries. Cigna DHMO plans are provided by Cigna Dental Health Plan of Arizona, Inc.; Cigna Dental Health of California, Inc.; Cigna Dental Health of Colorado, Inc.; Cigna Dental Health of Delaware, Inc.; **Cigna Dental Health of Florida, Inc., a Prepaid Limited Health Services Organization licensed under Chapter 636, Florida Statutes**; Cigna Dental Health of Kansas, Inc. (Kansas and Nebraska); Cigna Dental Health of Kentucky, Inc.; Cigna Dental Health of Maryland, Inc.; Cigna Dental Health of Missouri, Inc.; Cigna Dental Health of New Jersey, Inc.; Cigna Dental Health of North Carolina, Inc.; Cigna Dental Health of Ohio, Inc.; Cigna Dental Health of Pennsylvania, Inc.; Cigna Dental Health of Texas, Inc.; and Cigna Dental Health of Virginia, Inc. In other states, Cigna DHMO plans are underwritten by CGLIC, CHLIC, or Cigna HealthCare of Connecticut, Inc., and administered by CDHI.