TEST PREP STRATEGIES
Success Series 2017
Academic Skills Center
BE ROO Responsible

• Get some Sleep
• Manage Your Time (and behavior)
• Go to Class
GET SOME SLEEP

• Sleep builds memory
• Sleep helps synthesize ideas
• Sleep increases performance

STUDY HACK:

Review Notes / Material when sleepy (before go to bed)
MANAGE YOUR TIME (AND BEHAVIOR)

• Gather Information
• Review Frequently & Daily
• Spread it out
• Plan Practice Time
GATHER INFORMATION

• Ask about the nature of the test
• Look for clues for possible questions
  • In Syllabus under “objectives”
  • In Notes
  • In Readings
  • In Class
• Review all previously graded material
• Know how much the exam is worth
THE KISSELLE TRIAGE METHOD
• Use 5-10 mins effectively
• REVIEW BEFORE CLASS
• ATTEND CLASS
• REVIEW AFTER CLASS
THE FORGETTING CURVE: USE IT OR LOSE IT!
SPREAD OUT STUDYING

• Divide your studying time over a number of days
• Spread out the phases of studying
• Spread out your dedication to certain problems based on the format of exam
PLAN PRACTICE TIME

• Practice Test are one of the best ways to prepare for exams
• Use study groups to develop practice problems
GO TO CLASS
(AND OFFICE HOURS)

• This is when you are able to gather the information
• This is when you can build connections for study groups or note sharers
• Use office hours more than just the day before the exam
• Attendance and involvement with the class and office hours leave positive impressions on professors
OTHER STRATEGIES / TIPS

• Test Question Tips for Preparation

• Study Tips by Professors

• Direction Words for Essay Questions