

Commonly Abused Prescription Drugs

<i>Drug Type</i>	<i>Examples</i>	<i>Prescribed For</i>	<i>Possible Negative Effects</i>	<i>Dangerous to Mix With</i>
<i>Opioid Analgesics (Pain medications)</i>	OxyContin Vicodin Codeine Lortab Dilaudid Percocet Morphine	Moderate/Severe Pain May be prescribed after surgery	Drowsiness; Constipation; Breathing problems; Seizures; Vomiting; Confusion; Death	Alcohol; Some OTC allergy/cold medicines; MAOI (Antidepressants)
<i>Sedatives/Tranquilizers</i>	Valium Xanax Librium Halcion Ambien Nembutal Klonopin Phenobarbital Ativan	Anxiety Tension Panic Attacks Sleep Disorders	Drowsiness; Confusion; Seizures; Decreased respiration; Decreased heart rate; Death	Alcohol; Opioid analgesics (see list above); Some OTC allergy/cold medicines
<i>Stimulants</i>	Dexedrine Ritalin Adderall Biphedamine Concerta Cylert Dexedrine Focalin Vyvanse Cylert	Narcolepsy ADHD/ADD Some Types of Depression Obesity Asthma	Insomnia; Elevated temperature; Irregular/increased heart rate; Heart failure; Increased respiration; Increased blood pressure; Seizures; Hostility; Paranoia	Some OTC Allergy/Cold medicines; Antidepressants; Some asthma medicines

Most Abused Over-the-Counter (OTC) Medication

<i>Drug Type (safe when taken as directed)</i>	<i>Examples *Cough/Cold Meds</i>	<i>Possible Negative Side-Effects</i>	<i>Dangerous to Mix With (General guidelines; consult with doctor)</i>
<i>Cough/Cold Medicines</i> *Examples apply to formulas containing dextromethorphan, (DXM), check label for ingredients	NyQuil Coricidin Robitussin DM Alka-Seltzer Dayquil Dimetapp DM Sudafed Triaminic Tylenol Vicks 44 (There are over 70 total brands that contain DXM)	Distorted visual perception; Disassociation from body; Impaired judgment; Impaired mental performance; Loss of coordination; Headache; Vomiting; Dizziness; Hot flashes; Hallucinations Irregular heart rate; High blood pressure; Seizures; Panic attacks; Psychosis Brain damage Addiction	Antidepressants, especially MAOIs (can cause serotonin syndrome, an unpleasant and occasionally fatal condition) Diet drugs (risk of serotonin syndrome) Other cold/cough medications that may also contain DXM Non-drowsy antihistamines (allergy medicines) Any stimulant drug (DXM increases heart-rate as do stimulant medications) Alcohol Sedatives and hypnotics Drugs for Parkinson's, epilepsy, and asthma