U-TURN SESSION 4:

STUDY & TEST STRATEGIES

AUSTIN COLLEGE | Academic Skills Center

SELF-ASSESSMENT

What to Study….

- **LISTS/BULLET POINTS ARE TESTABLE**
- **EXAMPLES FOR VOCABULARY TERMS**
- **CHARACTERISTICS/PROCESSES**
- **SHIFT IN THINKING**
- **CHAPTER OBJECTIVES FROM READINGS**
- **CONNECTIONS BETWEEN VOCABULARY TERMS**

How to Study....

- DEVELOP QUESTIONS FROM LECTURES
- TALK IT OUT
- REVIEW OFTEN
- LOOK FOR PATTERNS AND RELATIONSHIPS

Test Preparation

Physical:

SLEEP

EAT

Emotional:

Positive Self-Talk

Adequate time studying

DURING THE TEST

- Quick read-through
- Multiple choice
- True/False
- Essays
- Make sure to put down an answer for every question