

Remote Mentoring

Survey results comparison to peers

- Our students reported
 - similar levels of stress to others
 - Less concern about social support systems and friends
 - A little more concern about technology, especially stable internet access
 - A little less dissatisfied with communication from the institution
 - Less dissatisfied with support from the institution
- **90% said they probably or definitely planned on returning to their institution in the fall.**

Tension between two components of mentoring

- Making sure students meet academic requirements and make progress towards graduation
 - Can be somewhat technical; focused on institutional policies and curriculum
- Helping students think about what a “rewarding career” and “full, engaged, and meaningful life” are for them and how their AC education can prepare them for it.
 - Can be somewhat fuzzy; focused on helping students reflect on their academic and co-curricular experiences

Things I've learned about doing the technical part over zoom

- Using screen share
 - Showing students how I get to information about major/minor requirements
 - Showing students unofficial transcripts and graduation audits in Webhopper
 - I have these pulled up (if relevant) before the zoom session starts
 - Especially for students who I'm working with on a 4 year plan, using excel to show them the sequence of pre-requisite courses and how much flexibility they have
- Not necessarily related to doing this remotely, but check their progress on total credit.
 - The most common problem students discover during senior year is not missing requirements, but not having enough total credit.

Things I've learned about doing the fuzzy part over zoom

- We know our students are feeling a lot of stress right now; check in on how they're doing and how their remote courses are going.
- Starting with some face to face conversation before I share my screen; ending with some face to face conversation after I share my screen.
- Try to help them think beyond this semester and its disappointments; plan for opportunities in the future

Questions, Comments, Insights?