

## Personal Learning Pathway (PLP)

What are your goals? These may begin in general terms but should be specific, measurable, and attainable.

**1. When you think about your life as an established adult, what does it look like?** (Think 10-15 years in the future) Examples might include more than one of: *business person, scientist, teacher, parent, doctor, spouse, mechanic, athlete, author, artist, homeowner, world traveler, community leader, politician, pet owner, pilot, game designer, other.*

**2. Where do you want to be in the near future that will help you get to that place?** (Think within 2-3 years) Examples should relate to your above goal, and might include more than one of: *college, working in a specific job or industry, learning a skill, relationship building, gaining new knowledge, other.*

**3. What can you work toward right now that can help you stay on that path?** (Think between 2 weeks to 2 months) Examples should relate to your above goal, and might include more than one of: *improving a skill, learning new information, beginning a relationship, improving a relationship, changing a habit, practicing something you already know, other.*

## Short Term Action Item (STAI)

This should be tied to part #3 of your Personal Learning Pathway (PLP). It should focus on something that can be worked on consistently as part of meeting your goal. Like your PLP goals, a STAI should be SMART: **S**pecific, **M**easurable, **A**ttainable, **R**elevant, and **T**ime specific. Examples:

Within two weeks I will **improve my ability to focus on a task** by *working without talking or looking at unrelated things* for at least 10 minutes at a time; Within a month I will **expand my vocabulary** by *reading poetry* and using new words.

Start by deciding how much time you're giving yourself to achieve your STAI. Examples: Two weeks; one month.

**Then answer the following questions:**

What goal are you working on? Examples: becoming a harder worker; becoming a better writer	<b>What aspect (part) of that goal are you working on?</b> Examples: learning to focus better; expanding my vocabulary	<i>What are you doing to improve that aspect?</i> Examples: working without talking or looking at unrelated things; reading more poetry	<u>How will you know you're making progress?</u> Examples: going longer without distractions; using more words in everyday conversation

Now take the different pieces and put them in a sentence: